



**Cura  
Administrators**



# 2026

## CURA HEALTH INSURANCE



Cura Administrators (Pty) Ltd. is an Authorised Financial Services Provider (FSP 26848) underwritten by GENERIC Insurance Company Limited (FSP 43638). GENERIC is an Authorised Financial Services Provider and licenced non-life insurer.

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| BENEFITS:                                                     |  | Golden Hour                                                                                                                                                                                                                                                                                                                                                                                                                                      | Hospital Plan (Insurance)                                                                                                                                                            | Primary Standard                                                                                                                              | Comprehensive Standard                                                                                                                                                               | Comprehensive Advanced                                                                                                                                                                                                                                                                                                                                                                     |
|---------------------------------------------------------------|--|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Hospital Footprint                                            |  | Access to all private hospitals accepting health insurance products. Pre-authorisation required.                                                                                                                                                                                                                                                                                                                                                 | Access to all private hospitals accepting health insurance products. Pre-authorisation required.                                                                                     | No Benefit                                                                                                                                    | Access to all private hospitals accepting health insurance products. Pre-authorisation required.                                                                                     | Access to all private hospitals accepting health insurance products. Pre-authorisation required.                                                                                                                                                                                                                                                                                           |
| IN-HOSPITAL BENEFITS                                          |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                      |                                                                                                                                               |                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                            |
| In-Hospital Maternity Benefit                                 |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                  | No Benefit                                                                                                                                                                           |                                                                                                                                               |                                                                                                                                                                                      | R35 000 per pregnancy for the birth. Limited to 1 event per policy every 12 months. Includes out-of-hospital scans.                                                                                                                                                                                                                                                                        |
| In-Hospital Accident Benefit                                  |  | R250 000 per member per event. Inclusive of all costs. Maximum of R1 000 000 per policy per annum. Pre-authorisation required.                                                                                                                                                                                                                                                                                                                   | R325 000 per member per event. Inclusive of all costs. Maximum of R1 000 000 per policy per annum. Pre-authorisation required.                                                       | No Benefit                                                                                                                                    | R125 000 per member per event. Inclusive of all costs. Maximum of R270 000 per policy per annum and R750 000 per policy per annum. Pre-authorisation required.                       | R275 000 per member per event, inclusive of all costs. Maximum of R1 000 000 per policy per annum. Pre-authorisation required.                                                                                                                                                                                                                                                             |
| In-Hospital Illness Benefit                                   |  | No Benefit                                                                                                                                                                                                                                                                                                                                                                                                                                       | R50 000 per member per event. Inclusive of all costs. Conditions which have a gradual progression are excluded. Pre-authorisation required. Limited to R500 000 per policy per annum | No Benefit                                                                                                                                    | R50 000 per member per event. Inclusive of all costs. Conditions which have a gradual progression are excluded. Pre-authorisation required. Limited to R500 000 per policy per annum | R100 000 per member per event. Inclusive of all costs. Overall limit of R1 000 000 per policy per annum. Cataract Surgery is limited to R30 000 ( <i>thirty thousand Rand</i> ) per member per annum. Pre-authorisation required.                                                                                                                                                          |
| ICU Benefit                                                   |  | Included in Hospital Benefits                                                                                                                                                                                                                                                                                                                                                                                                                    | Included in Hospital Benefits                                                                                                                                                        | No Benefit                                                                                                                                    |                                                                                                                                                                                      | Included in Hospital Benefits                                                                                                                                                                                                                                                                                                                                                              |
| In-Hospital Specialised Radiology (MRI Scans, CT Scans, etc.) |  | Included in Hospital Benefits                                                                                                                                                                                                                                                                                                                                                                                                                    | Included in Hospital Benefits                                                                                                                                                        | No Benefit                                                                                                                                    |                                                                                                                                                                                      | Included in Hospital Benefits                                                                                                                                                                                                                                                                                                                                                              |
| OUT-OF-HOSPITAL BENEFITS                                      |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                      |                                                                                                                                               |                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                            |
| Post-Hospital Accident Rehabilitation                         |  | R10 000 per member per event for physiotherapy and occupational therapy. Pre-authorisation required.                                                                                                                                                                                                                                                                                                                                             | R10 000 per member per event for physiotherapy and occupational therapy. Pre-authorisation required.                                                                                 | No Benefit                                                                                                                                    | R5 000 per member per event for physiotherapy and occupational therapy. Pre-authorisation required.                                                                                  | R10 000 per member per event for physiotherapy and occupational therapy. Pre-authorisation required.                                                                                                                                                                                                                                                                                       |
| Casualty Benefit (Accident)                                   |  | R30 000 per policy per annum. Cover accumulates to the initial event and overall. Accident Cover benefits. Pre-authorisation required.                                                                                                                                                                                                                                                                                                           | R30 000 per policy per annum. Cover accumulates to the initial event and overall. Accident Cover benefits. Pre-authorisation required.                                               | R2 500 per policy per annum. Pre-authoriation required.                                                                                       | R2 500 per policy per annum. Cover accumulates to the initial event and overall. Accident Cover benefits. Pre-authoriation required.                                                 | R10 000 per policy per annum. Cover accumulates to the initial event and overall. Accident Cover benefits. Pre-authorisation required.                                                                                                                                                                                                                                                     |
| Casualty Benefit (Illness)                                    |  | R15 000 per policy per annum for Emergency Stabilisation in the case of an illness. Pre-authoriation required.                                                                                                                                                                                                                                                                                                                                   | No Benefit                                                                                                                                                                           | R2 500 per policy per annum for after-hours treatment only. Pre-authoriation required.                                                        | R2 500 per policy per annum for after-hours treatment only. Cover accumulates to the initial event and overall In-Hospital Illness Cover. Pre-authoriation required.                 | R6 000 per policy per annum for after-hours treatment only. Cover accumulates to the initial event and overall In-Hospital Illness Cover. Pre-authoriation required.                                                                                                                                                                                                                       |
| Out-of-Hospital Maternity Benefit                             |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                  | No Benefit                                                                                                                                                                           |                                                                                                                                               |                                                                                                                                                                                      | 2 Ultra-sounds at Network GP (first trimester & second trimester). Limited to 1 event per policy every 12 months.                                                                                                                                                                                                                                                                          |
| General Practitioner Consultations (GP)                       |  | 2 GP Consultants at a contracted Network doctor.                                                                                                                                                                                                                                                                                                                                                                                                 | No Benefit                                                                                                                                                                           | Managed unlimited GP Consultations at a contracted Network doctor.                                                                            | Managed unlimited GP Consultations at a contracted Network doctor.                                                                                                                   | Managed unlimited GP Consultations at a contracted Network doctor.                                                                                                                                                                                                                                                                                                                         |
| In-Room Procedures                                            |  | Defined list of procedures a GP can perform in their rooms. Network doctors only.                                                                                                                                                                                                                                                                                                                                                                | No Benefit                                                                                                                                                                           |                                                                                                                                               |                                                                                                                                                                                      | Consult our list of procedures a Network GP can perform in their rooms at no additional charge.                                                                                                                                                                                                                                                                                            |
| Out-of-Network General Practitioner Consultations             |  | No Benefit                                                                                                                                                                                                                                                                                                                                                                                                                                       | No Benefit                                                                                                                                                                           | 2 Consultations per policy per annum refunded at R475 per visit.                                                                              | No Benefit                                                                                                                                                                           | 2 Consultations per policy per annum refunded at R475.                                                                                                                                                                                                                                                                                                                                     |
| Pharmacy Clinic Nurse Care                                    |  | 3 visits per member for a defined list of procedures available from nurses at Network pharmacies with contracted clinics                                                                                                                                                                                                                                                                                                                         | No Benefit                                                                                                                                                                           |                                                                                                                                               |                                                                                                                                                                                      | Unlimited care for a defined list of procedures available from nurses at Network pharmacies with contracted clinics.                                                                                                                                                                                                                                                                       |
| Specialist Benefit                                            |  | No Benefit                                                                                                                                                                                                                                                                                                                                                                                                                                       | No Benefit                                                                                                                                                                           | R2 600 per member per annum. Referral by Network GP required. Members must pay cash and claim from GENRIC. GENRIC protocols and limits apply. | No Benefits                                                                                                                                                                          | R2 600 per member per annum. Referral by Network GP required. Members must pay cash and claim from GENRIC. GENRIC protocols and limits apply.                                                                                                                                                                                                                                              |
| Acute Medication                                              |  | R1 500 per member per annum. Max R190 per script. Combined with OTC benefit. Subject to Formulary and to a maximum price based on the average price of generic drug in that category. If your medicine costs more you will have to pay a co-payment.                                                                                                                                                                                             | No Benefit                                                                                                                                                                           |                                                                                                                                               |                                                                                                                                                                                      | Unlimited Acute Medication available only from a Network pharmacies. Subject to Formulary and to a maximum price based on the average price of generic drug in that category. If your medicine costs more, you will have pay the additional amount.                                                                                                                                        |
| Over-the-Counter Medication (OTC)                             |  | Combined with in Acute Medicine Limit                                                                                                                                                                                                                                                                                                                                                                                                            | No Benefit                                                                                                                                                                           |                                                                                                                                               |                                                                                                                                                                                      | R210 per policy per month with a maximum of R850 per policy per annum. Subject to Formulary.                                                                                                                                                                                                                                                                                               |
| Chronic Medication. Refer to our Chronic Disease List (CDL)   |  | No Benefit                                                                                                                                                                                                                                                                                                                                                                                                                                       | No Benefit                                                                                                                                                                           |                                                                                                                                               |                                                                                                                                                                                      | Unlimited Chronic Medication for diseases on our CDL. All Chronic Medication needs to be approved by us. Chronic Medication may be obtained from a Network pharmacy or from a Network Dispensing Doctor. Subject to Formulary and to a maximum price based on the average price of generic drug in that category. If your medicine costs more, you will have to pay the additional amount. |
| Radiology                                                     |  | No Benefit                                                                                                                                                                                                                                                                                                                                                                                                                                       | No Benefit                                                                                                                                                                           |                                                                                                                                               |                                                                                                                                                                                      | Unlimited Black and white x-rays only. Members must be referred by a Network GP.                                                                                                                                                                                                                                                                                                           |
| Pathology                                                     |  | No Benefit                                                                                                                                                                                                                                                                                                                                                                                                                                       | No Benefit                                                                                                                                                                           |                                                                                                                                               |                                                                                                                                                                                      | Unlimited blood tests according to our list of tests. Members must be referred by a Network GP.                                                                                                                                                                                                                                                                                            |
| Dentistry                                                     |  | No Benefit                                                                                                                                                                                                                                                                                                                                                                                                                                       | No Benefit                                                                                                                                                                           |                                                                                                                                               |                                                                                                                                                                                      | Basic dentistry only. Treatment availabl based on GENRIC's Protocols and limits.                                                                                                                                                                                                                                                                                                           |
| Optometry                                                     |  | No Benefit                                                                                                                                                                                                                                                                                                                                                                                                                                       | No Benefit                                                                                                                                                                           |                                                                                                                                               |                                                                                                                                                                                      | Glasses are only available at Specsavers branches. This benefit included 1 consultation, 1 set of frames with single vision lenses per member, every 24 months. Maximum value of R1 450.                                                                                                                                                                                                   |
| VALUE ADDED                                                   |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                      |                                                                                                                                               |                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                            |
| 24 Hour Emergency Medical Services                            |  | Unlimited 24/7 Private Emergency Medical Services. Pre-authorisation required.                                                                                                                                                                                                                                                                                                                                                                   | No Benefit                                                                                                                                                                           |                                                                                                                                               | Unlimited 24/7 Private Emergency Medical Services. Pre-authorisation required.                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                            |
| Client Assistance Programme Benefits                          |  | Personal Health Advisor - Clinically trained Personal Health Advisor available for telephonic consultations and advice 24/7.<br>Credit and Debt Assist - a full range of debt management and financial planning services.<br>Legal Assist - telephonic legal advice from qualified attorneys.<br>Trauma Counselling - Trauma debriefing by a qualified nurse who are, when necessary able to refer the insured to the next level of counselling. |                                                                                                                                                                                      |                                                                                                                                               |                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                            |
| Accidental Death Benefit                                      |  | R15 000 Principal member<br>R10 000 Adult dependant<br>R8 000 per Child dependant                                                                                                                                                                                                                                                                                                                                                                | R15 000 Principal member<br>R10 000 Adult dependant<br>R8 000 per Child dependant                                                                                                    | R15 000 Principal member<br>R10 000 Adult dependant<br>R8 000 per Child dependant                                                             | R15 000 Principal member<br>R10 000 Adult dependant<br>R8 000 per Child dependant                                                                                                    | R15 000 Principal member<br>R10 000 Adult dependant<br>R8 000 per Child dependant                                                                                                                                                                                                                                                                                                          |
| Retail Below 60 Years Premium                                 |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                      |                                                                                                                                               |                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                            |
| Principal                                                     |  | R205                                                                                                                                                                                                                                                                                                                                                                                                                                             | R260                                                                                                                                                                                 | R510                                                                                                                                          | R715                                                                                                                                                                                 | R1 325                                                                                                                                                                                                                                                                                                                                                                                     |
| Adult Dependant                                               |  | R160                                                                                                                                                                                                                                                                                                                                                                                                                                             | R220                                                                                                                                                                                 | R490                                                                                                                                          | R650                                                                                                                                                                                 | R1 090                                                                                                                                                                                                                                                                                                                                                                                     |
| Child Dependant                                               |  | R140                                                                                                                                                                                                                                                                                                                                                                                                                                             | R160                                                                                                                                                                                 | R215                                                                                                                                          | R240                                                                                                                                                                                 | R485                                                                                                                                                                                                                                                                                                                                                                                       |
| Retail Above 60 Years Premium                                 |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                      |                                                                                                                                               |                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                            |
| Principal                                                     |  | R300                                                                                                                                                                                                                                                                                                                                                                                                                                             | R365                                                                                                                                                                                 | R715                                                                                                                                          | R1 005                                                                                                                                                                               | R1 865                                                                                                                                                                                                                                                                                                                                                                                     |
| Adult Dependant                                               |  | R250                                                                                                                                                                                                                                                                                                                                                                                                                                             | R315                                                                                                                                                                                 | R690                                                                                                                                          | R910                                                                                                                                                                                 | R1 520                                                                                                                                                                                                                                                                                                                                                                                     |





## **Cura Administrators (Pty) Ltd**

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